

AF Officials will release details of upcoming fitness changes later in the month of June because the AFI must be updated every 180 days due to GM rules.

July 1, 2012:

THE TEST:

- No changes...still doing four components
- Fitness questionnaire will be updated to reflect new wording regarding injuries/illness during test and how to seek medical treatment.

SCORING:

- No changes, however, additional age groups may be added in future revisions late in 2013. AF researching scientific data.
- AFFMS - Clarification on how to handle disputes explained. Scores will not be inputted into AFFMS until CC decides validity of test.

CURRENCY:

- Changes made to allow Commander's more flexibility to require members to test earlier if warranted.
- AFI will explain that some members may be required to test more frequently based on certain situations (PME, TDY, Deployment, PCS, CC discretion, Profiles, etc.)

WAIVERS:

- No more testing on profiles 30 days or less. CCs will now have discretion to allow members time to rehabilitate and take FULL test within 7 days of a 30 day profile expiration or 6 weeks after a 31+ day profile expiration
- Members testing on a profile for any reason, i.e EPR closeout, etc, will be required to retest within 6 weeks of profile expiration for any exempted component.
- DAWG and MEB process will be streamlined. Two consecutive exemptions will now qualify because of new updated testing rules regarding profiles.

EPRS:

- Beginning in 2013: If a member fails two or more tests in a reporting period, EPRs cannot be marked a "5". PT scores will now accompany all EPRs to the MPS for filing and review. This wording is being added to the updated EPR AFI currently in coord. and will allow 6 month notification to the force.

PME:

- Members cannot attend with a current UNSAT. Member's with fitness exemptions prior to attending PME will be at CCs discretion. (This is not our info. This is A1D)

DEPLOYMENTS:

- Currently, members can deploy with an UNSAT. Beginning Jan 1, 2013, this will change. Member's must have a passing, current score to deploy WITHOUT

exemptions to certain combat zones. CCs will have full discretion to use admin actions to anyone who cannot deploy due to fitness/medical issues. This will be added to the 1 July update to allow the force 6 months notification prior to implementation.

OTHER COMMENTS:

- The definition of Malingering has been included in the new revision and will help CCs determine if UCMJ action is warranted in certain situations.
- Attachment 19 has been updated to allow CCs more discretion in admin actions. One update: Admin demotion is now authorized on second consecutive fitness failure if member shows a declining trend. (Now Attachment 15, demotions added to third failure)
- Additional attachments have been added to streamline medical screening for failures and other administrative actions.

That's most of them in a nutshell. NOTE: Any part of this could change between now and the official update.

Classification: UNCLASSIFIED

Caveats: NONE

Green – True

Red - False